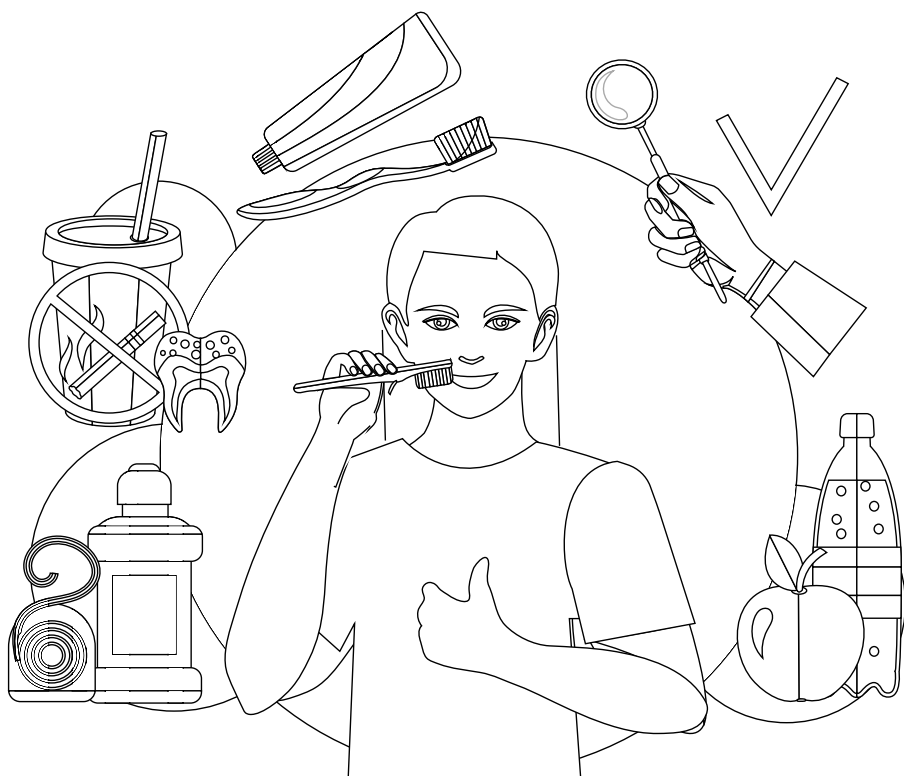


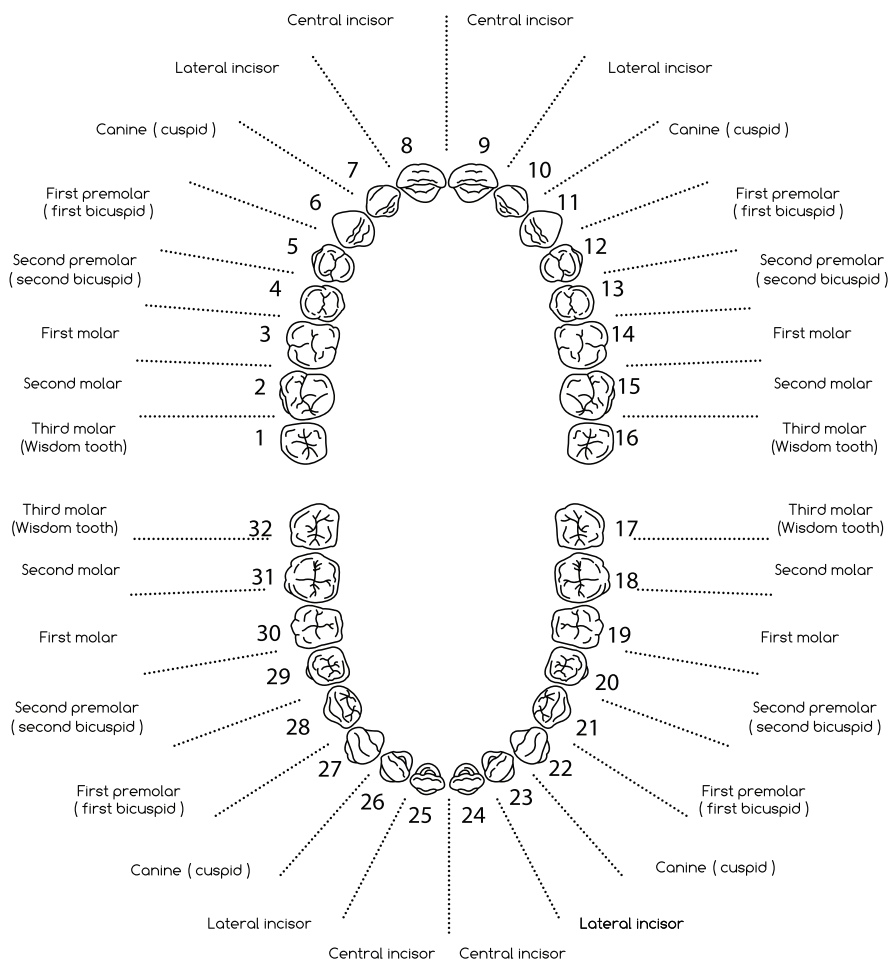
MY SMILE BOOK





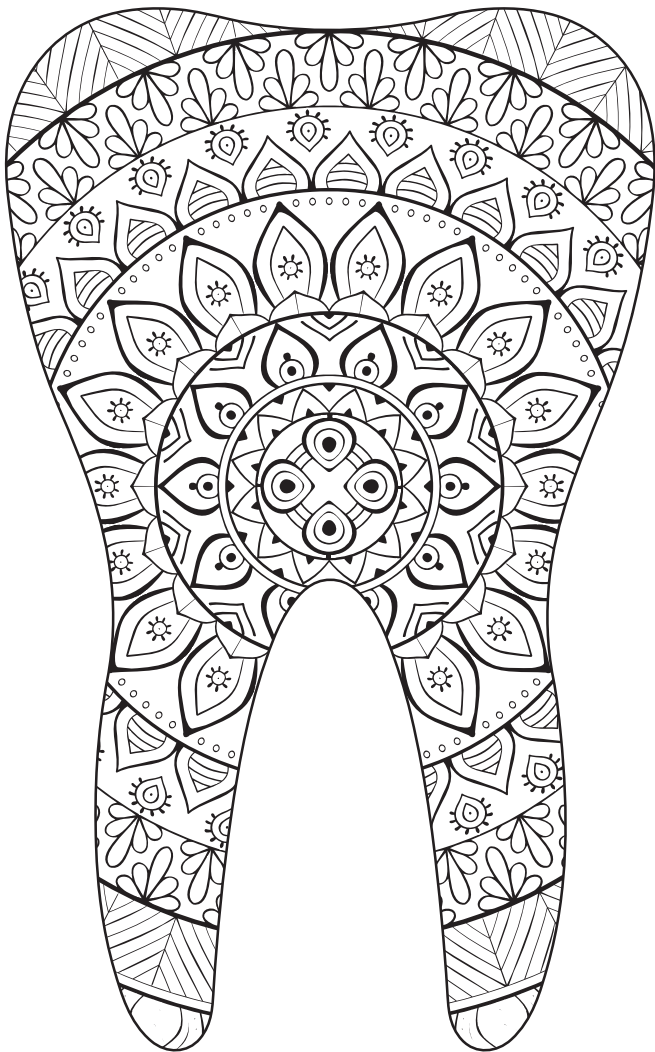
Regular visits to your dentist, in combination with a healthy lifestyle will help keep your teeth strong and cavity free. Don't forget to brush and floss twice daily, to clean between your teeth and reach areas your toothbrush might miss.

A Guide to Your Smile



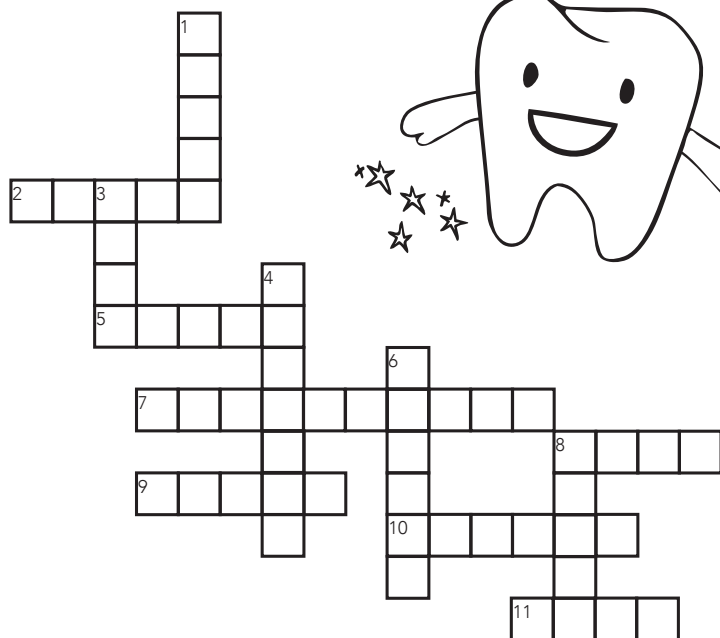
Teeth are the hardest substance in the human body. Adults have a total of 32 teeth. Each tooth has a unique name, that your dentist uses to catalogue the tooth.

Colour Me In!



Just like a fingerprint, every tooth and smile is unique!
Even identical twins have very different sets of teeth.

Solve the Puzzle



ACROSS

2. Candy has a lot of _____, which can be bad for your teeth.
5. When you're happy, you _____.
7. Crest and Colgate are types of _____.
8. When you're young your first teeth are called your _____ teeth.
9. _____ to clean between your teeth.
10. Your _____ helps you swallow food.
11. To eat, you _____ food with your teeth.

DOWN

1. The large flat teeth at the back of your mouth are called _____ teeth.
3. Your dentist will help ensure you have healthy teeth and _____.
4. Regular visits to your _____, will help keep your teeth healthy.
6. When a tooth has decay, it is called a _____.
8. You need to _____ at least twice a day.

Joking Around

Q: What did the vampire say after the dentist finished checking his teeth?

A: Fang you very much!

Q: What do explorers call it when they go searching for fossil teeth?

A: A molar expedition!

Q: Why didn't the astronaut bring her toothbrush?

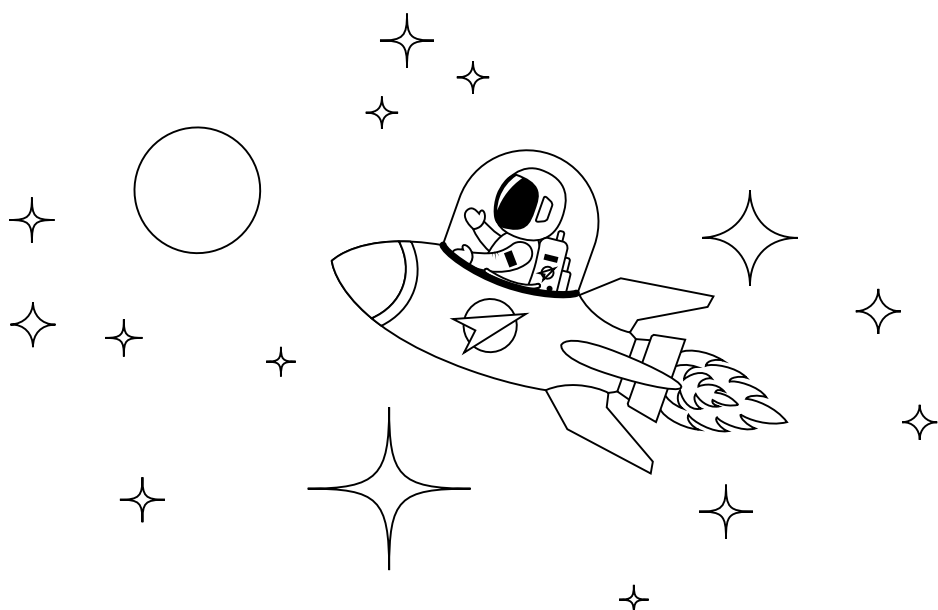
A: She thought that the moon had no cavities!

Q: Why did the male deer visit the orthodontist?

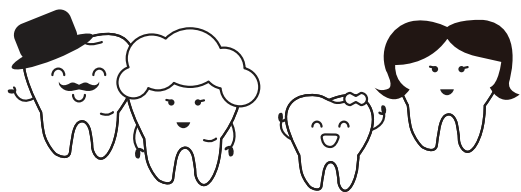
A: He wanted to get his buck teeth fixed!

Q: When the dentist went to the fair, what did he like even better than the roller coaster?

A: The fluor "ride"!



Word Search



braces
brushing
cavity
dental
dentist
floss
gums
health
molar
plaque
smile
teeth

f	y	z	i	i	p	t	r	n	v
b	q	x	b	g	e	r	h	v	l
l	z	d	r	e	o	j	v	c	d
o	v	u	t	k	d	j	u	r	j
p	m	h	l	q	q	m	x	r	c
s	o	q	l	a	f	l	o	s	s
g	q	v	d	s	t	y	d	u	s
h	s	m	v	v	b	n	f	s	m
i	f	u	f	r	d	f	e	s	i
f	k	o	a	c	e	a	c	d	l
h	p	c	m	e	n	e	e	l	e
b	e	m	t	y	t	i	v	a	c
s	r	d	t	f	i	w	a	e	p
h	g	u	g	r	s	m	u	u	n
t	m	j	s	z	t	q	m	e	u
l	g	o	l	h	a	z	k	m	w
a	u	x	l	l	i	m	q	g	h
e	z	h	p	a	c	n	q	r	g
h	s	m	u	g	r	i	g	u	v
g	d	l	c	a	m	p	j	i	m

Did You Know?

The surface of your teeth is the hardest part of your entire body.

Your mouth produces enough saliva in a lifetime to fill two swimming pools.

Giraffes only have bottom teeth.

Snails can have over 25,000 teeth in their tiny mouths!

When a shark loses a tooth it can grow back!
They can have up to 40 sets of teeth in their lifetime.

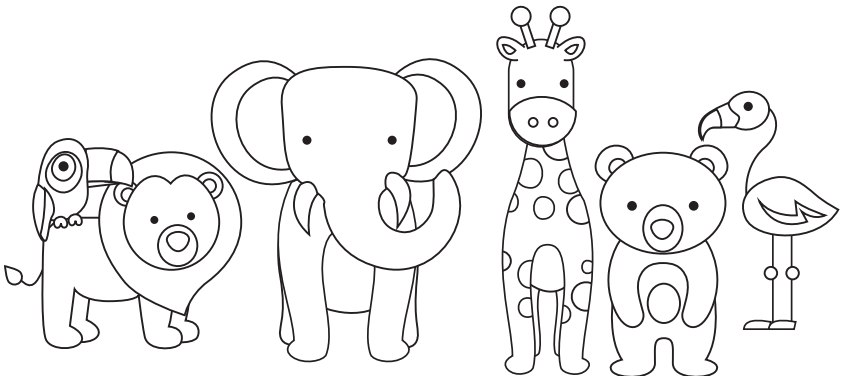
Every year on September 20th, China celebrates
"Love Your Teeth Day".

A mouse's teeth never stop growing, which is why
they chew on things, to keep them from getting
too long.

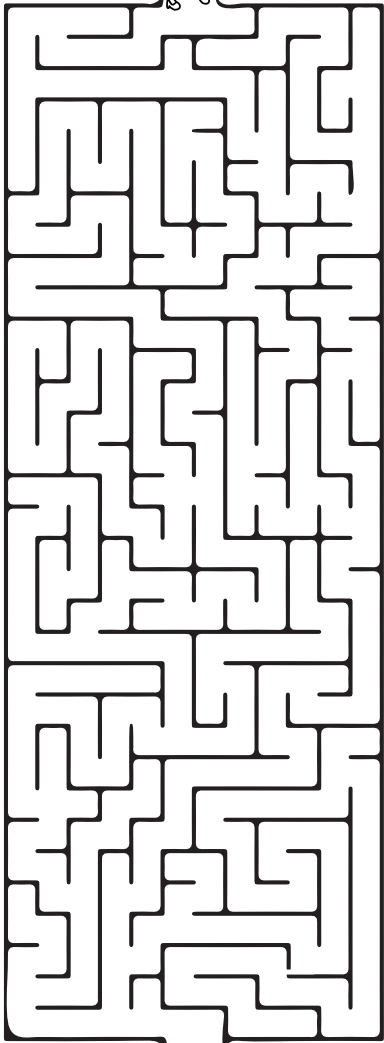


Mad Libs - A Day at the Zoo!

Today I went to a zoo. I saw a _____ (colour)
_____ (animal) jumping up and down in its
tree. He _____ (verb, past tense) through
the large tunnel that led to its _____ (noun).
I got some peanuts and passed them through the cage to a
gigantic gray _____ (animal) towering above
my head. Feeding that animal made me hungry. I went to get
a _____ (adjective) scoop of ice cream. It filled
my stomach. Afterwards, I had to _____ (verb)
_____ (adverb) to catch our bus. When I
got home, I _____ (verb, past tense) my mom
and told her about my _____ (adjective) day at
the zoo.



Help the Tooth Fairy Find the Tooth



This smile book belongs to

Name



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